

GTI British (Open) Championships Sunday 13th November Cheltenham

As well as the usual three competition categories of Sparring, Patterns and Destruction to enter, this event also sees the return of the high jumping kick competition.



GTI BRITISH OPEN 2011

Patterns, Point Stop, Continuous Sparring & Breaking Categories.
GTI Competitors £15
Non GTI Competitors £20
Spectators £5 (under 5's free)

Doors open at 9:30am
Excellent facilities, cafeteria, swimming pool and free parking.

13TH NOVEMBER
Venue: Leisure@Cheltenham
Tommy Taylor Lane, Cheltenham, GL50 4RN

S p a r r i n g
P a t t e r n s
D e s t r u c t i o n

A fun family event
Return of the highest Jump Kick...

Contact: Mr. Seamus McGinley on 07963 065 229
or email: tournaments@gti-taekwondo.com

ND: Photography and videography may be used as a video report. Images captured may be used for promotional and/or training purposes. The organisers assume the right to reuse the pictures.

As normal Point-Stop sparring rules will apply to Yellow and Green belt divisions, with both Continuous and Point-Stop sparring available to Blue, Red and Black divisions. The Destruction competition is available to adult blue, red and black belt divisions. Apart from the different grade categories there are five height divisions for junior (under 18) grades and three weight divisions for adults.

As the jumping kick competition is judged on how high the individual kicks relative to their own height, the following categories will be available with separate divisions for male and female:

- All junior (under 18) coloured belts – split into under 13 years & 13 and over.
- Adult Yellow & Green belts
- Adult Blue & Red belts
- Junior Dan grades

- Adult Dan grades
Professional photographers will be covering the event with prints and CD orders available on the day. You are welcome to bring your own cameras as well.

If you wish to compete then please see your instructor for an entry form, non-GTI schools can download a block entry from the GTI website.

NB.

- *GTI competitors need their white dobok for this event.*
- *A full set of semi-contact type safety equipment is required for the sparring divisions. Gloves may be open or enclosed types. Bag gloves or weighted/boxing gloves are not allowed*
- *Male sparring competitors should wear groin protectors under the dobok trousers, not on the outside.*

**CLOSING DATE FOR ENTRIES:
Friday 11th November**

Event Contact: Mr. Seamus McGinley
Tel: 07963 065 229
Email: tournaments@gti-taekwondo.com
Venue: Leisure@Cheltenham, Tommy Taylor's Lane, Cheltenham GL50 4RN
Officials Check-In: 9.00a.m
Doors open: 9.30a.m. & height checks for juniors commence.
Competition Starts: 10a.m.

Entry Costs: -
GTI Competitors: £15
Non-GTI: £20
Spectators: £5 (under 5's free)

Master Class Sparring Seminar Saturday 19th November Shifnal, Shropshire

A chance to improve your sparring skills with Master Tony Sewell, 7th dan. Master Sewell won three Tae Kwon-Do heavy-weight world

championship sparring titles as well as also winning numerous TKD tournaments at national, international, and European level. In addition to this he also remained undefeated on the open circuit where he competed against a variety of different martial art styles.

This session will cover:

- Effective Combinations
- Sparring Drills
- Ring-craft Skills
- Fight Psychology

Venue: Idsall Sports Centre, Coppice Green Lane, Shifnal, Shropshire TF11 8PD

Contact: Mr. Seamus McGinley

Tel/Text: 07963 065 229

Email:

tournaments@gti-taekwondo.com

Cost: £8 GTI Members
£15 non-GTI

NB.

- £3 discount off the above if you compete at this year's British Open.
- If attending please contact Mr. McGinley to reserve a place.



MASTER CLASS SPARRING SEMINAR

3 TIMES HEAVY-WEIGHT WORLD CHAMPION (UNDEFEATED)

MASTER TONY SEWELL 7TH DAN

Effective Combinations
Fight Psychology
Ringcraft Skills
Sparring Drills

A masterclass to genuinely help you to the next level in your sparring!

*£3 Discount to British Open Fighters
19TH NOVEMBER 2011
1:00-3:00PM

£8 GTI Members
£15 Non GTI Members
Semi-formal dress code i.e. T-shirt, Belt and Dobok Bottoms
Full Safety Kit Essential!

BOOK YOUR PLACE!
Contact: Mr Seamus McGinley
Tel/Text: 07963 065 229
Email: tournaments@gti-taekwondo.com

VENUE: IDSALL SPORTS CENTRE, COPPICE GREEN LANE, SHIFNAL, TELFORD, TF11 8PD

GTI National Squad Training

The recently re-launched national squad training has had two of its sessions to date. These are open to any GTI member who is looking to improve on their sparring skills and to test them in competition.

For November's training everyone is being encouraged to attend



Master Sewell's training session on Saturday 19th. (See previous item).

December's squad training date will be confirmed soon



Contact: Mr. Jasper Chow (Squad Coach) **Email:** jasper@gti-taekwondo.com

Black Belt Grading Results

The autumn black belt grading was held on 9th October at Master Sewell's Academy in Derby. The applicants were tested by the grading panel on all aspects of TKD, with additional knife defence skills and high jumping kicks to targets for those taking 2nd dans and higher.

The Examiners were:

- Master T. Sewell 7th dan,
- Master G. Cockburn 7th dan
- Mr. F. Plunkett 6th dan
- Mr. G. Slater 6th dan
- Mr. P. Bhadeshia 5th dan.

Congratulations to the following that were successful in gaining their degree promotion.

Senior Dan Grade Promotions

- Promoted to 1st Dan:**
 Ashley Talbot (Crewe)
 Vivienne Byrne (Dublin)
 John Bragger (Braintree)
 Sebastian Lewis (Hereford)

- Promoted to 2nd Dan:**
 Peter Hart (Cheltenham)

- Promoted to 4th Dan:**
 Eileen Plunkett (Dublin)

Junior (under 18) Dan Grade Promotions

- Promoted to 1st Dan:**
 Daniyal Najib (Derby B)
 Jack Bradley (Bridgnorth)
 James Seymour (Bridgnorth)
 Marcus Crawford-Thomas (Bridgnorth)
 Thomas Bradley (Bridgnorth)
 Aiden Pappin (Newquay)
 Benjamin Watkins (Cheltenham)

- Promoted to 2nd Dan:**
 Daniel Connolly-Taylor (North London)
 Mahisa Arain (Derby B)

NB. If anyone who took the grading, or their Instructor, would like to receive a copy of their group photograph by email then please send your request to:

secretary@gti-taekwondo.com

NSPCC Charity Event

A big thank you to all those who took part in and supported the GTI's Charity Event which this year was in aid of the NSPCC. The deadline for all donations collected is Sunday 13th November (British Champs.) If you're attending the competition then these should be handed to Mr. McGinley on the day, otherwise

please arrange to post cheques to him (payable to GTI Charities, no cash in post please).

Payments and new donations can also be made at the Just Giving charity web site at the following link: www.justgiving.com/Gti-Tkd

Several hundreds of pounds have already been received and the total will be announced after the closing date.

New GTI Schools

On 20th September Mrs. Sarah Burgess, 4th dan, started her new GTI School for younger children in Shepton Mallet.

Mr Chris Hall, 2nd dan, opened GTI Oxford on 22nd September.

We wish them all the best in their new endeavours.



2012 Black Belt Gradings

Next year's black belt gradings will be held in Derby on the following dates:

Sunday 20th May

Sunday 14th October